

COVID -19 Newsletter

for Elementary School and Childcare Facilities

23 November, 2021

In this newsletter, we will address the following topics:

1. Quarantine policy changed as of November 19
2. When are you immune?
3. PoCoCoChi study examines long-COVID in children
4. Informational links for parents and children

1. Quarantine policy changed as of November 19.

Everyone, including children from 0 to 4 years of age, both immune and non-immune, is subject to a quarantine advice if a household member has corona.

In case of the above, a child is not allowed to go to school, even if it is asymptomatic.

- Immune subjects we advise to do a corona test at the GGD on the 5th day following the test date of the positive household member.
- Non-immune subjects we advise to do a corona test at the GGD immediately, and to plan a second test on the 5th day after the last contact with the positive household member.

Beware: the English version of the Living rules and Information letters on the RIVM website may not be updated yet! The Dutch letters are up to date [Leefregels en informatiebrieven | LCI richtlijnen \(rivm.nl\)](#)

2. You are immune (protected) if you:

- 14 days or more ago had a 2nd shot with the AstraZeneca, Pfizer or Moderna vaccine, or
- 14 days or more ago had 1 shot with one of these vaccines and before that you had corona, or
- 28 days or more ago, you had one shot with Janssen's vaccine, or
- have had corona within the past 6 months (180 days). You then tested positive for corona, for example in a GGD test lane (not with a self-test).

3. PoCoCoChi study: investigation of long-COVID in children.

This study (Post-Corona Complaints in Children) is a questionnaire study (at the moment only available in Dutch) of the long-term consequences of corona infection in children. The number of children with a positive corona test has increased significantly. In the past week, many elementary school students have tested positive, especially many 10-11 year olds.

Has your child had a coronavirus test in the past week or is he or she about to be tested?

Help us learn more about the effects of corona in children! You can read more about this study via the QR code on the attached flyer or via this link [PoCoCoChi Studie \(pococochi-studie.nl\)](#).

You can also sign up then. For signing up, the test has to be less than 7 days old.

Any child up to 18 years old can participate, it does not matter if the test result is positive or negative.

4. Useful links for parents and children (only available in Dutch)

[Coronavirus - informatie voor ouders | Nederlands Jeugdinstituut \(nji.nl\)](#)

[Coronavirus - informatie voor kinderen | Nederlands Jeugdinstituut \(nji.nl\)](#)

In case of any remaining questions see [Coronavirus en vaccin | GGD Kennemerland](#) or contact our callcenter: 023 789 1631. From Monday til Friday 08.30 - 20.00 hrs. Saturday and Sunday from 10.00 - 17.00 hrs.

Kind regards, Department of Infection Control, GGD Kennemerland

